

Claret Shatters Ateneo, 88 - 82

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'78 Claret School Intrams Opens

by Willy Taganas, Jr.

The opening of the Annual Claret School Intramurals was led by Rev. Fr. Santiago Gonzalez, CMF at the new CS gymnasium and covered court Friday, July 28, 1978. For this year the main objective of the Intrams is to enable Claretians to join the nation-wide physical development program. It also seeks the promotion of sportsmanlike attitude in every Claretian towards his fellow student-athletes.

The opening of the Intrams called "Siglakas '78-'79" was brightened by the attendance of Mr. Manny Paner, a very prominent figure in the PBA and his wife Mrs. Daisy Romualdez Paner, a popular name in the movie screen. Mr. Paner tossed the first ball in the basketball game.

It was very unfortunate that rain-showers did not make possible the traditional parade of the participating teams. However, the affair was a colorful one with all the teams having their beautiful muses.



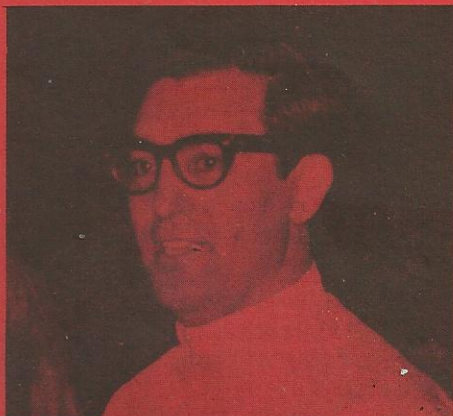
Claret VIPs with Mr. and Mrs. Manny Paner (seated second and third from the right respectively) during the Intrams opening of Claret School.

The Intrams, opening Invocation was led by Fr. Luis Villoria, CMF. The oath-taking of the players was led by Noli Legarza, captain ball of Claret varsity team. The welcome address was delivered by Mr. Gil Orduña. Fr. Gonzalez also gave a food for thought. The teachers added to

the excitement when they played the High School versus Grade School tug-o'-war game.

That the IAC will make this year's intramurals a success, according to IAC chairman Noel Villadolid, was proven true in this opening. Hurray to the IAC!

Father Gonzalez Celebrates His Birthday



Fr. SANTIAGO GONZALEZ, CMF

Fr. Santiago Gonzalez, C.M.F., our school director, celebrated his birthday with the faculty members, administrative staff and selected students last July 25, 1978 at the fifth floor lounging area.

The day started with a Holy Mass at 8:00 in the morning. The thanksgiving was celebrated by Fr. Gonzalez himself for the purpose of expressing his gratitude to the Lord for all the blessings he received and is receiving.

The Mass was followed by a program which started at 10:00 a.m.. It was emceed by Miss Fe Abella and Mr. Floren-

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CBS SPONSORS

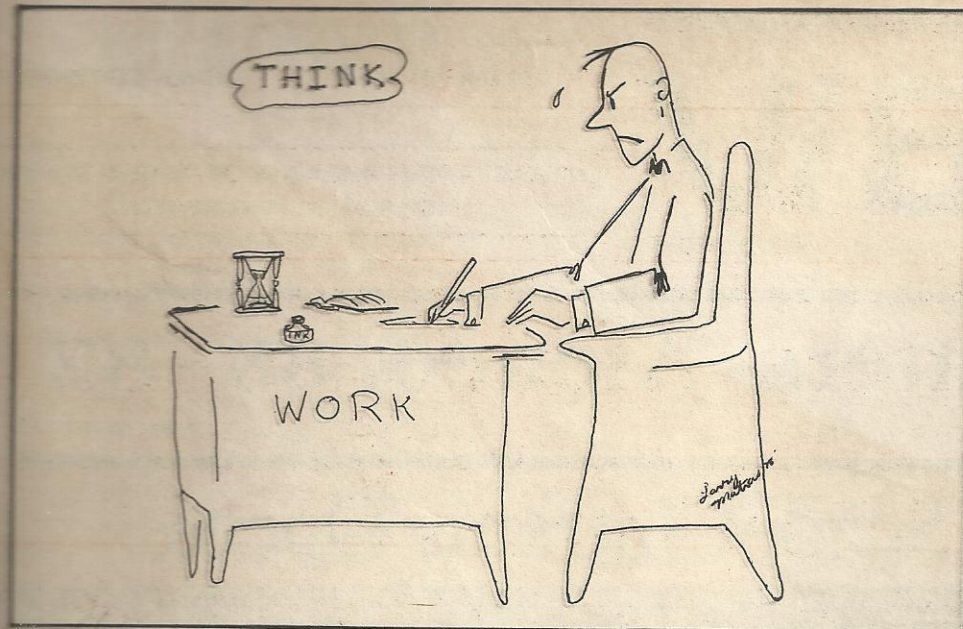
"KATATAWANAN '78"

Claretian students had the time of their lives last July 21, 6:30 pm. as they witnessed the various antics of fellow Claretians during the holding of Claret School's "KATATAWANAN '78" at the church basement.

The comedy-contest, the first of its kind in the school's history was launched and sponsored by the Central Board of Students (CBS), the governing body of the high school department.

Although the preparations for the project did not look too good at the start be-

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EDITORIAL

MAKING A NEW FROM THE OLD

The curtains of schoolyear 1978-1979 were opened, and for sure another story will be staged. Almost everything will be changed: new actors having new and different roles, new setting, new plot. Yet, the theme remains the same — to search for a better way of living in accordance with the standards of being a student.

So far, the only thing that comes out in answer to our theme is “to study.” Though it may sound monotonous, boring, or whatever, it is the only one.

“Student,” as defined by linguists, is a term used to identify somebody who studies. Therefore, studying is the basic duty or function of a student, and that all other school activities are classified under his extra-curriculars.

Studying is not an easy business. It may appeal to be affordable for us since it is for us. But today, it is one of the most neglected tasks of students. Other less important matters are given priorities. Shouldn't we realize that it's about time for us to know that we should sweat blood to color our honor as students?

After all this realization, aren't we to question ourselves if we're doing good in our studies? We need not be perfect. But at least, we should be good. If there's something to be changed, it has to be NOW! Let us learn from our mistakes in the past. Let us not falter where we did last year.

A FUEL TO GO

Recently, the Central Board of Students launched its first project for school-year 1978-79. Under the new organizational function, the Katatawanan '78 proved to be a successful one. Now with such a good start the Board furnished itself with new and better perspectives in which the students are solemnly involved.

In sports, on the other hand, Claret Varsity team seated second to Don Bosco Tech. after defeating Ateneo, Xavier, and DBM. So far, that was the result of their first round basketball tournament in Philippine Athletic Youth Association

(PAYA).

If you are to ask a key player of the team of what they could be, he'd grin and proudly say, “We'll be the Champions!”

To recapitulate, we may say that Claret is doing well in both internal and external affairs to which our valued reputation is affected.

As we see, success and victory seem to be the burning fuel that stimulates the spirit of aggressiveness, decisiveness, and initiative; however that should not be the case.

ONLY ONE TODAY

by Jun Vega

The Undesirables

Now with a quarter of the school year gone, it is obvious that the Seniors are looked up and admired by younger students of the lower years. Is this so-called myth or tradition justifiable?

As graduating students, we are supposed to act as responsible and trustworthy people. The mere fact that the school regulations must be implemented through examples from the Seniors is one good step toward a concept of responsibility. The typically admired senior student is one who, after three long years in high school, follows school regulations such as the uniform rule, no littering and eating in certain places and the basic rule expected

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A CLOSER LOOK...

by Arnel Araneta

It can never be denied that Claret School is able to level with other high-standard old schools despite its pupil age. And so far, success seems to fall under the ‘Claretian charm.’

So many factors are to be mentioned in attributing to this fact. However, there stand two that can never be kicked out from the list They are the students and the teachers.

We are all aware that our faculty is composed of the “young” and the “not so young” whom you could classify within the bracket of “kalog”. Their ages? Well, don't ask!

If your are to check a typical Claretian's list of ka-vibes, you would most probably see some names of teachers, This is not because these people are rearing us up to someday get the title “laki sa layaw”, but primarily they live up to the role of a real teacher. They act in accord-

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We know that somehow, someway, somebody will commit a mistake leading to failure and defeat. But the will of the individuals shall still remain as long as we live.

So amidst the glory, failure is just a step behind. And even if we suffer and crumble down for a second, we should stand up and catch up with time.

As a new challenge for ourselves: so far, so good; but, AYOS BA KAYA ANG KASUNOD?

FACULTY HOLDS RETREAT AT ANGONO, RIZAL

The faculty members of the High School and Grade School Department with the Administrative Staff attended a retreat last June 7-9 held at the Loyola Retreat House in Angono, Rizal. With them were Fr. Alberto Rossa, CMF., Fr. Luis M. Villoria, CMF., Spiritual Director, and Bro. Bobby Juaton, CMF., a Claretian Seminarian. There were a total of thirty-four members of the High School and Grade School Faculty and Administrative Staff who went to the retreat.

The retreat was held for the purpose of encountering God (last part of the retreat) after a personal encounter with others (second part) and discovering "Who Am I?" (first part).

The Manresa Hall where all the activities were held, provided an ideal climate of openness for these encounters.

Talks started with short activities designed to provide a sense of belonging for the group searching for the discovery of the truth about themselves, God and others. Father Alberto made exten-

sive use of the chalk-board. There were constant dialogues.

Each evening, there was an audio visual prayer sessions which consisted of readings from the Gospel and new songs accompanied by slides. There were also fifty Argus displayed along the corridors to provide "food for thoughts."

Another special feature was the audio-visual celebration of the New Rite of Reconciliation - the so called "confession" conducted by Father Villoria. After the service, all had an opportunity to go to the priests for their individual confessions.

During the retreat you could see people approaching individually or in small groups the two Claretian Fathers and the Seminarian for personal guidance or sharing.

Celebration of the mass marked the end of the retreat. The activity was prepared by Fr. Villoria.

by: RAFAELI C. PASCUAL
II - Polaris

APPOINTMENTS '78 - '79

School year '78-'79 has started with another change in the H.S. Department's designation of teachers. The appointments are:

- Spiritual Director/Counselor
 - Rev. Father Luis Vitoria, C.M.F.
- Department Coordinator
 - Mr. Daniel Gomez
- Prefect of Discipline
 - Mr. Alvin Gaerlan
- Guidance Counselor
 - Miss Ma. Lutgarda Carlos
- COORDINATORS ...
- English
 - Miss Zenaida De Guzman
- Mathematics
 - Miss Lorraine Reginalde
- Science
 - Miss Lolita Banga
- Social Studies
 - Miss Fe Abella
- Y.C.A.P.
 - Mr. Jose Garcia
- CAT/YDT
 - Mr. Edgardo Potenciano
- Pilipino
 - Mr. Florentino Torres

CO-CURRICULAR CLUB MODERATORS/ADVISERS

- Tanglaw (School Organ)
 - Miss Marilyn Gueco
 - Central Board of Students (CBS)
 - Mr. Alvin Gaerlan
 - Speech & Theater Arts Club
 - Miss Zenaida De Guzman
 - Science Club
 - Miss Lolita Banga
 - Mrs. Nenita Sy Thy
 - Math Club
 - Miss Lorraine Reginalde
 - Miss Aurora Perez
 - Glee Club
 - Mr. Renato Ongpauco
 - Student Catholic Action (SCA)
 - Miss Elizabeth Ongsansoy
 - Mrs. Socorro Arsenio
 - Chess Club
 - Mr. Jose Garcia
 - Sports Moderator
 - Mr. Ricardo Mata
- By: Rey B. Madrid, Jr.

CLARET BEARS NEW LIST OF CAT OFFICERS

by Arnel Araneta

After becoming members of the Model Platoon, COCC (Cadet Officer Candidate Course), and URCOLT (University of the Philippines' Cadet Officer Leadership Training), this year's Commissioned Officers of Claret CAT are,

- Corps Commander
 - Cdt Lt Col Jose De Vera
- Corps EX-0 (S4 Operations)
 - Cdt Lt Col Arnel Araneta
- Adjutant S1
 - Cdt Maj Dennis Pinlac
- Intelligence S2
 - Cdt Capt Emmanuel Vega
- Logistics S3
 - Cdt Capt Daniel Bolinas
- Coy A Commander
 - Cdt Capt Benalexander Pedro
- Coy B Commander
 - Cdt Capt Lauro Matias
- Coy C Commander
 - Cdt Capt Robert Juan
- Coy A EX-0
 - Cdt 1Lt Daniel Torres
- Coy B EX-0
 - Cdt 1Lt Jose Eduardo Morales
- Coy C EX-0
 - Cdt 1Lt Raul Lacson
- PLTN A COIC
 - Cdt 1Lt Joel Sarreal
- PLTN B COIC
 - Cdt 2Lt Eulogio Rodriguez
- PLTN C COIC
 - Cdt 2Lt Edmundo Llana
- PLTN D COIC
 - Cdt 2Lt Jesus Sarol Jr.
- PLTN E COIC
 - Cdt 2Lt Emilio Gacad
- PLTN F COIC
 - Cdt 2Lt Arnold Agas
- Colors Officer
 - Cdt 2Lt Rainier Manacsa
- Commandant's Aide
 - Cdt 2Lt Raymundo Bolisay
- Filler Officers
 - Cdt 2Lt Julito Anchores
 - Cdt 2Lt Michael Patrick Tadeo

The basis of the selection was their performances in COCC and COLT. Although half weren't able to take up the last unit. Mr. Eduardo Potenciano, the favored Commandant ever since, activated all possible means to tackle the increasing population of the Seniors.

NEW FACES IN THE HIGH SCHOOL

by Eduardo Estado

For the past years in Claret, most of us have been familiar with the school, its ins and outs and its personalities. But as the saying goes "change comes with time." This year's first day of school, the first change we noticed were the new faces, not only of new classmates but as well as of new teachers'.

As in the past, the appearance of new instructors is welcomed by innocent sighs and questioning looks from students portraying their sense of awareness in their changed environment here in school. And so to start . . .

Introducing **Mr. Romulo S. Arsenio**, a graduate of Adamson University with a degree of AB in Psychology. He took up religious studies at Mothers of Life School. Romy, as his friends and fellow-teachers call him, is not really a very new face in Claret. He had been often seen in Claret last year with his wife Mrs. Socorro Arsenio, who incidentally is a teacher also in Claret. He is now the proud father of three children. Mr. Romulo Arsenio has three years of teaching experience in Pasig CICM Rectory. Transferring to Holy Child Parochial School, he taught Religion and YDT for two years. At Claret, he now handles Religion and P.E. He also acts as adviser for the Psychology Club or the Human Potential Development Club (HPD).

Mr. Arsenio is fond of reading and spends a lot of his time watching comedy and mystery movies. Romy, aged 27, goes for Chinese, Filipino and Japanese dishes. When asked what kind of people he likes, he says he prefers people who are simple. He hates hypocrites.

Everything seems to be the same in the library scene but take another look and you'll see another new and friendly face. Our new librarian this year is **Miss Theresita Callang**, a BSE, major in Library Science, a graduate from the University of Santo Tomas. Theresita, who is born under Zodiac sign of Scropio on October 23, 1955 is 22 years old. She had her first year of experience as a librarian at Immaculate Concepcion Academy and another year at St. Scholastica's College, Manila.

Tereeh plays tennis and skates. She's fond of reading books. She plays the guitar, too, for she loves music. Bionic Woman is her favorite TV show while native dishes are her preference in deli-



R. ARSENI



T. CALLANG



M.P. GUECO



A. YUMUL

cacies. She hates "makukulit" people. For her, Claretians are okay. According to her, it was Miss Ramirez herself who recommended her to become the HS librarian in place of her.

This year's new English teacher for the First year, sections Earth and Venus, and also in Second Year, sections Saturn and Uranus is **Miss Marilyn P. Gueco**, also known to her friends as Baby or Lynne. True to her sign of Taurus, she is warm, affectionate and approachable. Miss Gueco has an AB English and Political Science degree. She has six years of teaching experience—two years in St. Catherine Academy in Pampanga and four years in Holy Family Academy in Angeles City. She is presently teaching English and Public Speaking.

Miss Lynne Gueco plays bowling, especially during holidays, and also plays the guitar. She also likes to bike and sing. She plays (would you believe?) sipa, though she rarely does it now. A genuine Pampangueña, Lynne delights in Pampanga delicacies. About Claret, Miss Gueco says that the high school faculty receives newcomers with warmth; about us Claretians, she hints that we are "mapanukso" and fond of saying "Uyyyy". In general, she says she is enjoying her stay in Claret School.

Another new talented teacher of Claret is **Miss Aurora Yumul**. She likes to spell her name as Au². . . gorges. She's a B.S.E. graduate of Philippine Normal Col-

lege (P.N.C.) and is a major in Drama, Speech, and English. Miss Yumul turned 22 this August and is presently teaching Communication Arts 1-3 and Public Speaking. This is her first year of teaching experience.

Her hobbies are swimming, reading pocket books and would you believe, yoga. If she finds time, she goes to the movies. One of her past times is listening to records and tapes. She doesn't patronize t.v. viewing but the program "Holocaust" has caught her eyes.

Regarding her outside activities, she is engaged in the theatre. She is planning to view a graduate course. Native dishes are her favorite. According to her, she hasn't formed any impressions yet about Claretians, but nevertheless, she says they are o.k. She also said that teaching in Claret is a very challenging role for her because it is a welcome experience to observe the behaviour of the boys. Teaching would also be well as pleasure because of the warmth with which the faculty has received her.

Fr. Gonzalez

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tino Torres. The celebrant was presented some very entertaining numbers by high school as well as elementary teachers. Students also joined in honoring the Director during his natal day. For their part, the high school faculty rendered their well-rehearsed songs "Together", "You Light Up My Life", and "Because I Love You" (meaning "We all love you, Fr. Gonzalez."). Their songs were made livelier by the guitar accompaniment of Miss Don Samson and Mr. Joe Garcia. A drama by the Seniors entitled "Sa Puso ng mga Angel", directed by Ricardo Sta. Cruz of Year IV-Star, was also an added attraction to the program. To top it all, the "Total Presence Combo" provided some appealing numbers. This combo was composed of Joel Sims with the lead guitar, Darwin Pastor with the rhythm guitar, Emmanuel Solidum with the bass guitar, and Jojo Patajo with the drums. Their well-liked performance was followed by an encore number. Eugenio Gerardo, also a Senior, belted a folk song to the delight of the audience.

AWARDEES 1977-'78 (UNDERGRADUATES)

As a tradition in Claret, awardees for schoolyear '77-'78 in both academic and extra-curricular, are bared to be given honors after sweat, blood, and perhaps tears. Hard work and determination played vital roles in achieving such distinction.

The following students who received credit for academic and extra-curricular excellence, are:

FIRST YEAR LEVEL: OVER-ALL HONORS:

1. Remigio de Ungria
2. Rosano Cruz
3. Raymund Gumba

SPECIAL AWARDS:

- Best in Science – Remigio de Ungria
- Best in Math – Remigio de Ungria
- Best in English – Hermilo Rosal
- Best in Pilipino – Rosano Cruz
- Best in Social Studies – Remigio de Ungria
- Best in Voc. Education – Rosano Cruz
- Best in Conduct – Macario Directo

SECOND YEAR LEVEL: OVER-ALL HONORS:

1. Raymund Antonio
2. Marlon Alexandre Cruz
3. Alan Costales
4. Mario Renato Navas

SPECIAL AWARDS:

- Best in Science – Raymund Antonio
- Best in Math – Enrique Serrano
- Best in English – Raymund Antonio
- Best in Pilipino – Manolito Novales
- Best in Social Studies – Raymund Antonio
- Best in Voc. Education – Ken Cortes
- Best in Religion – Leandro Aguda
- Best in Conduct – Manolito Novales

THIRD YEAR LEVEL: OVER-ALL HONORS:

1. Raul Lacson
2. David Aguinaldo
3. Wilbert Ang

SPECIAL AWARDS:

- Best in Science – Raul Lacson
- Best in Math – Jesus Sarol
- Best in English – Jose de Vera
- Best in Pilipino – Benalexander Pedro
- Best in Social Studies – Jesus Sarol
- Best in Journalism – Jose de Vera
- Best in Voc. Education – Raul Lacson
- Best in Religion – Wilbert Ang
- Best in Conduct – Jesus Sarol

by: RAFAELI C. PASCUAL

.. II – Polaris

Making an Effective Use of Time

by Arnel Araneta

As the schoolyear goes on, a student should not be just roaming around doing nothing useful or important. A partial reason why some students flunked in the last quarter of the last schoolyear is that they earned low grades or had a poor start during the first, second, and third quarters. The question to this is "WHY?" Is it due to the difficulty in subject matter? Nay! A member of the time-killing association? Perhaps! No subject is difficult as long as you study well, and you can only study well if you have enough time to do so.

Let me give you some tips on how to make your time well-apportioned to all the things you have to do according to their priorities. These may help you increase your achievements and probably give you the chance to succeed, too.

PLAN. Most students race against time. Every minute seems to be a rush hour. They find themselves making a grave error of dealing primarily with problems rather than opportunities.

Make a generalized schedule each day, emphasizing major things you would like to do and accomplish. Put in mind that the more time we spend in planning for something, the less total time shall be required for doing the work.

Scheduling is not as strict as money budgetting. You can give allowances and priorities to the conditions of the envi-

ronment in doing such work. Allowances prove to solve some unavoidable circumstances which need to be acted upon on the spur of the moment.

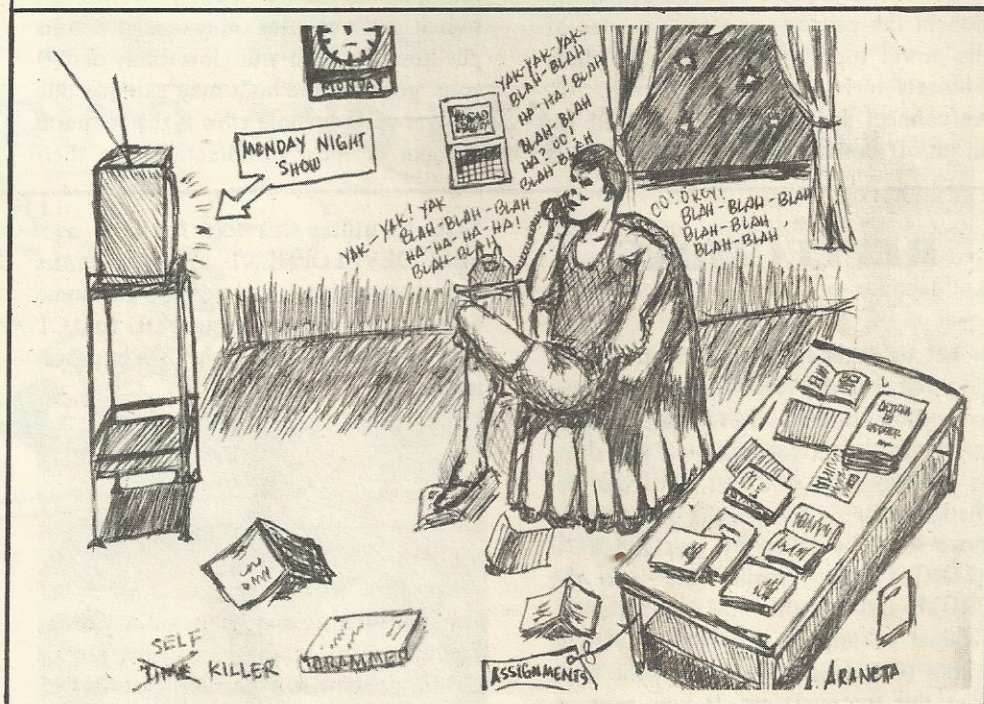
WORK. Naturally, one must move or keep himself busy to accomplish his plan. Laziness and idleness should not come into the scene. Work visibly and do what is expected. Skillfully and complacently, work with ease rather than with harsh. Contrary to others' beliefs, the former finishes more and gives satisfaction to one's job.

CONCENTRATE. The most basic of all time-management is concentration. No matter how balanced one works, if he never concentrates, the energy becomes void. Determination and perseverance play a vital role in accomplishing a planned task.

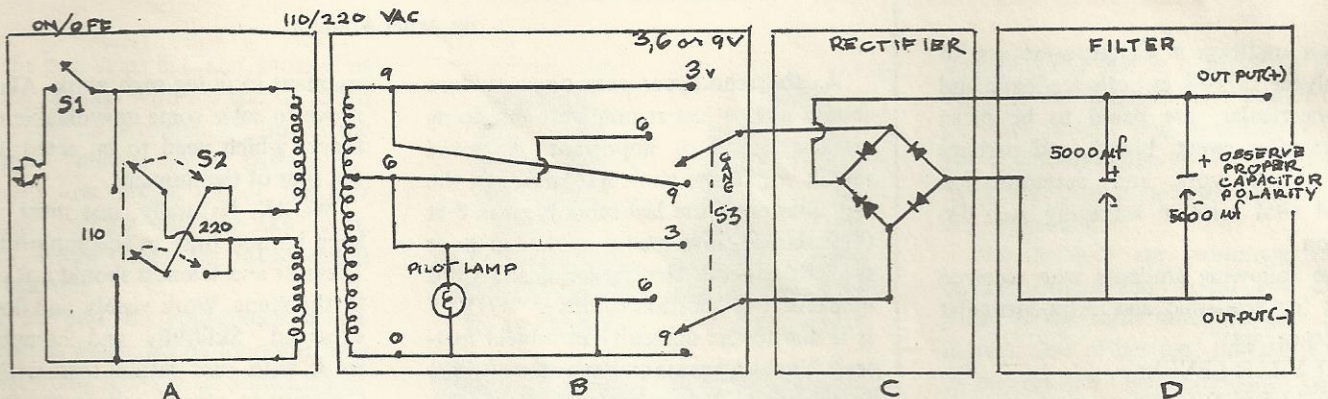
When you focus your mind on a subject or topic, stick to it! Do not go to another unless you have finished the precedent. Take your time and eliminate them all one by one.

NEVER REGARD YOURSELF AS A PERFECTIONIST. There is an existing gap between perfection and excellence. The first is usually unattainable, frustrating and neurotic. The second is more or less attainable, gratifying, inspiring and healthy. In this world, perfection barely do not exist. Therefore, it is advisable to

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Improving Your AC - 6 & 9 Volts DC Power Supplies



For power supplies, there are many considerations that we should deal with. Such factors are the adaptability to use our 220 Vac houselines and a possible 110 Vac operation, and stepping down this voltage to a lower one by means of a transformer, and instead of utilizing the secondary output of this transformer of only 6 and 9 volts. We may expand its purposefulness by adding another 3 volts by the simple use of commercially available switches, proper rectification and filtering of this rectified voltage to maintain a constant DC output. A very good example would be the circuit as shown below which is an improved version of the power supplies built during the Second Year study of General Electricity:

Circuit Operation:

For easy analysis of the circuit operation, I have de-classified the circuit shown into four sections.

Section A shows the circuit configuration in the primary or main line side of the power supply. From the plug which connects to higher 110 or 220 volts AC, we connect a simple SPST switch S1 for an on/off position. A DPDT switch S2 is

used to differentiate whether we shall need 110 or 220 volts to be applied to the transformer, by simply throwing the switch to either direction, however throwing the switch to 110v while plugging the device to 220v will damage the transformer, so double-check the position of S2 before plugging.

For Section B, it shows how the multi-tap of the transformer's secondary is switched by a three-position double-gang (mechanically coupled) switch which is used to get an output of not only 6 or 9 volts but also 3 volts. This is so since the switch selects three positions of different potentials, that is to say, to get 3v the difference of 6 and 9 volts is tapped, and so on, making use of the term 'Potential Difference'.

It is also in this section where a pilot lamp is placed so as to indicate whether we have switched on or off the power supply. Connect this pilot lamp of 6 volts rating across the taps 6v and 0 before the switch and not after otherwise at 3 volts position, the bulb will glow dimly or at 9 volts position the bulb may explode due to over-voltage (note, this is the common mistake of local manufacturers in their

wiring diagrams).

Section C is a full wave rectifier using four diodes (four SD-1 or BY127 would do) instead of one diode since the advantage of fullwave DC as to halfwave is that lesser hum is achieved when we will connect this to our radios, moreover fullwave DC means better average voltage output.

Section D is a filter network using two 5000uF capacitors and no coils or inductors. Advantages are, lesser voltage consumption of the filters, no heating of coils since there are no coils, economically this configuration is cheaper, since even only one 5000uF capacitor would do and since we are not using any bleeder resistor across the capacitors, it will again be cheaper and another advantage is again achieved since full power may be attained at the output because a bleeder resistor will provide a parallel path for the current flow.

All in all, the theory of design of this power supply gives more plusses like another voltage, better filtering, lower cost, top performance etc, and less disadvantages such as heating, need for more parts such as coils and resistors and high power consumptions.

REFLECTIONS

by Jun Vega

Let us never fool ourselves into believing that it is the responsibility of others to develop our own selves. True, the assistance of others (teachers, etc.) will show us the way, just as Claret, thru the teachers, is now showing us the way, but the move must be taken by you and YOU ALONE. It is a reality and it is the TRUTH and it is the only way for an individual to improve by HIMSELF. The school (Claret School) provides the tools (like this material) etc. It now rests on

YOU to utilize this tool for your own SELF-DEVELOPMENT. Your superiors can only guide you and perhaps give some advice, but it is still up to YOU to ACT and do something for your own improvement.



The basic truth often times is difficult to readily accept because it frequently seems devoid of logic, but which we have to accept and on the basis of which we have to conduct ourselves to be able to go through life more successfully. A readily understood example is the reality of our own eyes. If we try to reason it out, having been given two eyes, would it not have been better and more practical if one eye was placed at our back and the other in front so that we could see more? But the reality is that we have both eyes in front and there is nothing we can do about it except to be careful of what we can not see behind us.

THE FILIPINOS: THEIR ROLE AND LEGACY

By: Marlon Alexandre Cruz

The Filipino people are freedom loving!

This remark has time and again appeared in various magazine articles and constantly heard through speeches by various dignitaries and government officials. It is as through this remark distinguishes the Filipinos from other nationalities. In fact, it has become the boast of the Filipino people through the ages.

But then, whether the Filipino people or any other people are freedom loving is not really the question. I do not believe there is a single existing country that does not crave for freedom. The real question lies in the people's determination to fight for it. How much sacrifice are they willing to undergo; how many lives are they willing to give; how much blood, if needed are they willing to shed all in order to achieve their noble cause?

Freedom loving is one thing, freedom fighting is another. Although a freedom fighter is freedom loving, not all lovers of freedom fight for freedom. The questions above must first be answered before we can determine who's who; before we can separate the nobles from the slaves.

Historically speaking, the Filipino people can match the noblest of nobles pound by pound. To mention a few, we have the legendary Jose Rizal, the unbending Andres Bonifacio, the dauntless Apolinario Mabini, and the extra-ordinary woman-patriot-Gabriela Silang. Although

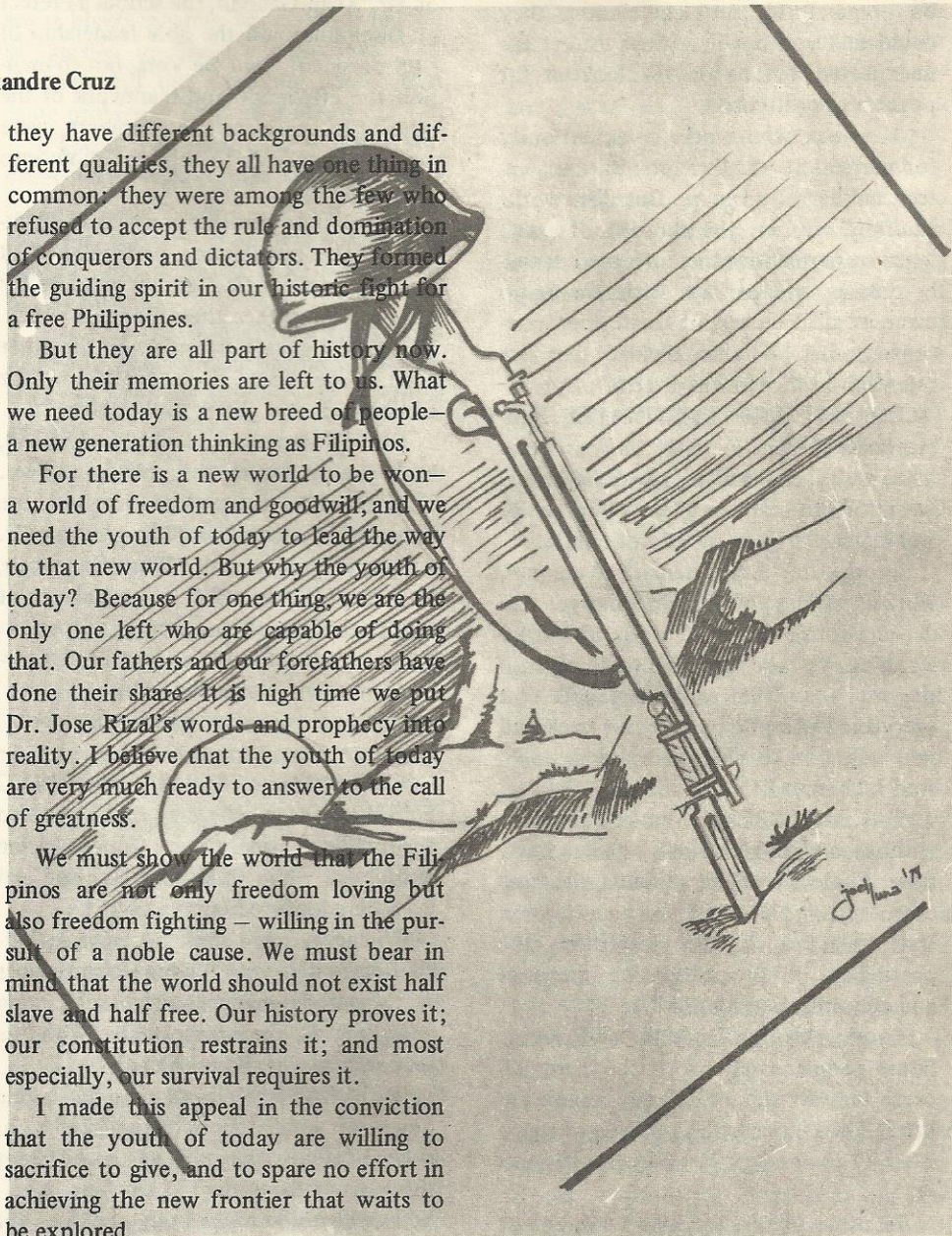
they have different backgrounds and different qualities, they all have one thing in common: they were among the few who refused to accept the rule and domination of conquerors and dictators. They formed the guiding spirit in our historic fight for a free Philippines.

But they are all part of history now. Only their memories are left to us. What we need today is a new breed of people—a new generation thinking as Filipinos.

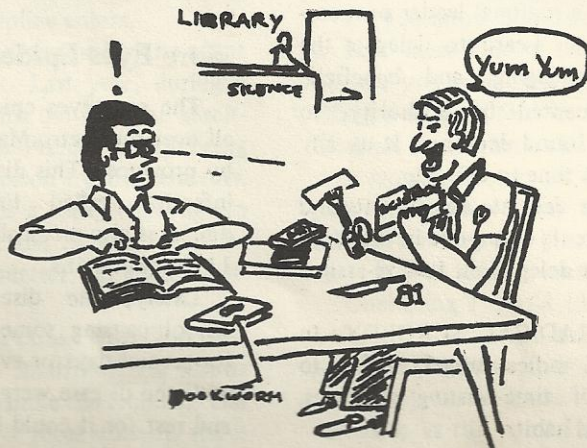
For there is a new world to be won—a world of freedom and goodwill, and we need the youth of today to lead the way to that new world. But why the youth of today? Because for one thing, we are the only one left who are capable of doing that. Our fathers and our forefathers have done their share. It is high time we put Dr. Jose Rizal's words and prophecy into reality. I believe that the youth of today are very much ready to answer to the call of greatness.

We must show the world that the Filipinos are not only freedom loving but also freedom fighting — willing in the pursuit of a noble cause. We must bear in mind that the world should not exist half slave and half free. Our history proves it; our constitution restrains it; and most especially, our survival requires it.

I made this appeal in the conviction that the youth of today are willing to sacrifice to give, and to spare no effort in achieving the new frontier that waits to be explored.



OF SAVORING AND DEVOURING



*on the artist, the audience and the culture vultures

Art is indeed a strong means of entertaining the audience. But there comes a time when there is much perfection and beauty subdued in art that it does not

merely entertain us, for entertainment is just a mere attraction of some goody-goody extravagance. Art influences the audience so forcefully that subconsciously, they incline themselves to a deeper gratitude and a warmer devotion toward such artistic achievement; thus, the value called "appreciation" is developed.

Nothing could be more self-vomitting than letting the grieves of the artist (through his work) enter your spirits, for I consider the artists as the loneliest people in the world. The audience's inclination towards the work of the artists becomes a source of appreciation but as they begin to deeply involve themselves,

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be prepared for problems before they could sink you down. Always expect the unexpected and be on the lookout for possible opportunities.

A person who works conscientiously for perfection usually commits the greatest number of mistakes. But if he works carefully without the thought of excellence or perfection, the outcome is usually precise, and perhaps with few or no error at all. You see, in the former, concentration is so much divided that less attention to the work is given.

DO NOT PROCRASTINATE! Procrastinate means to delay, and unreasonable delay could mean a waste of time. Waste of time can cause lost opportunity and increases the possibility of failure.

In organized and systematized manner, work as hard as you can, do what you can do, and finish what you can finish. Never let things you are supposed to do wait till the morrow. What will happen is that everything will pile up on your back and you will not be able to bulge an inch. And I daresay: **DO NOT TRY IT!**

TAKE A BREAK. Prolonged work without any break usually creates boredom. There would be a gradual decrease of energy, and physical stress and tension start to attack. In such conditions, the possibility of procrastination increases and concentration diminishes.

Overwork often leads to inefficiency. Some people sorely work too hard because they would not delegate responsibilities. Their insecurities push them to do it all by themselves, however insufficiently.

In other words, working without rest is not an effective use of time. Switching yourself from mental task to something physical usually provides relief. Walking around and taking fresh air, doing isometric exercises, the perhaps merely resting may often be the best alternatives. Not only will there be efficiency, but also relief from tension which is good for one's health.

LEARN TO SAY NO. Often times, people are afraid to say no for fear of offending the feelings of others, If it is really impossible for you to grant a favor, learn to decline tactfully but firmly. Reject requests that do not sound good and perhaps which could even be harmful to you and your friends.

Remember: People who worry about offending others end up living according to other people's priorities.

cause of major problems and pressures confronting the Board, the guiding hands of Mr. Alvin Gaerlan, the school's Prefect of Discipline, and the able leadership of CBS president, Jem De Vera, not to mention the efficiency and teamwork of the other CBS officers and members, were more than enough to turn the show into a big success.

The 3-hour presentation was highlighted by the outstanding performance of the ten participating groups who really gave their audience their money's worth. The special guest performers on the other hand, have been given due credit for adding spice and glitter to the show.

Chet Catapang and Ricky Dandan, both juniors, were the show's emcees. They provided the presentation with the necessary flavor. The judges were: Mr. Arturo Saquilayan, Mr. Rene Ongpauco, Mr. Raul Pardo, faculty members of the High School department; Roselino Kagaoan, an alumnus; and a CBS officer-treasurer, Ben Alexander Pedro.

The best comedian award, taken from

ORGANIZE YOUR WORKING SYSTEM. Often, one may find himself in the middle of paper works. Concentration is blocked while frustration, tension and even boredom creep up.

Whenever one's desk becomes a "battle field", it is time for him to put things in an orderly manner categorizing them according to their importance, with the moderate use of the trash can.

DELEGATE. Delegation is the laying down of some job or responsibility to subordinates. Assigning is a different thing. It is the giving of work to somebody which you or anybody else does not want to do.

As long as you intensively need an extra hand, you do not have to be somebody in town, a national leader or a corporate executive. Learn to delegate the rewarding, challenging, and beneficial tasks, supplemented by authority, to come up with sound decisions. It usually helps free one's time to delegate.

Note: Never delegate assignments and projects to parents or anyone in the family. That is not delegation. It is re-assigning.

UTILIZE RADICAL SURGERY. In this operation, radical surgery refers to the cutting of time-wasting activities, particularly bad habits.

If you are engaged in an activity which no longer interests you, and could already be boring, then it is time for you to divert

the best group, was given to Raulito Datile of IV- Universe who received a trophy. The best director award was given to another senior, Arnel Araneta who pioneered his Kahit na Ano Group to a first place finish by outclassing his rivals. Araneta received a trophy while the whole group was given the distinguished trophy and a P250.00 cash prize awarded by Rev. Fr. Santiago Gonzales. The Communication Arts Club led by Milo Distor came in second to garner a trophy and P175.00 cash prize. Third year Comets headed by Allan Costales managed a third-place finish to claim a trophy and cash prize of P100.00.

The affair though, would not have been successful without the valued assistance of the Model Platoon as MPs who kept everything in order and under control up to the very last minute of the contest.

And so with the outcome of this first CBS project, we can expect more of this kind in the future years.

Marlon Alexandre Cruz

yourself into rather interesting and meaningful stretches to satisfy curiosity.

This, however, should be carefully examined first. Know if it really bores you. It may set off spare time. But would you know if the dejected activity could have given you new opportunities the moment you have left it? Think three times before deciding.

These tips are advisable because they have been proven effective by many successful persons. If they have been successful, why can't we as high school students?

So why sit there waiting for precious time to tick off? The past reveals that the way you handle time today may be your tomorrow's fate ...

Sore Eyes Epidemic Hits Claret

The sore eyes epidemic is still raging all over the Metro Manila areas and nearby provinces. This disease is caused by an infection called Enterovirus-70. This disease is also medically known as Apollo-11 Conjunctivitis.

Lately, the disease visited Claret school causing some students' absences for several days or even for weeks. Those with the disease were advised to go home and rest for it could lead to several complications. However, there should be no cause for alarm for this is a self-limiting disease. That means it can be cured with-

Continued on page 15

from any individual—courtesy, not only among his friends but most specially to the authorities of the school. These Seniors are thought of as the fruits of Claret.

But like any other school, we also have a relatively small group of undesirables who is the opposite of the admired senior. As seniors, they disobey uniform regulations, go into fights for enjoyment and above all, lack the Christian virtue taught to us these past years—courtesy or respect for others. They go about their ways heeding all warnings and rebel when caught violating urban rules. These undesirables are the ones who throw away the hard-earned reputation of the school. They destroy the peace and unity of their fellow Claretians without a second thought. They go on their own “heavy” ways destroying everything in sight. This patch of undesirables, if not to change right now, will slowly destroy themselves. Naturally, what builder would want a destroyer in his group?

THINK! Are you one of the undesirables?

A Closer Look From page 2

ance with our modern generation. Though of course, still retaining that all-important respect from us, the students.

They joke around or perhaps tell amusing stories whenever spicing of morale is needed. The barrier is lifted while sympathy is extended to gain better relationship with students. They understand and know how to deal with students when it comes to the latter's studies, capabilities, emotions, problems, and all other things related to serious matters affecting them. Above all, they do care and try to be reasonable at all times.

Not all teachers possess these qualities, though. Now I can feel why some students tend to go factious and stubborn with some teachers. And in such cases, the Prefect of Discipline enters.

The Prefect of Discipline is quite adept at doing his work. Last year, during a short discussion with the class, he admitted that being the Prefect means being the most hated person by the students. He said that this is a heavy challenge to him, to pour out the best of what he knows about this matter. “It's like a self-test,” he said.

He goes with his ordeal with Claretians with a smile and smartness. He knows very well how to handle the technical and personal problems of most students and is skillful enough to distinguish a fake from a real alibi. He pulls the plain truth from out of lies with the use of his amazing

The teachers and the Prefect excell in three common things: patience, perseverance, and sacrifice. They even have to sweat blood in order to fulfill the motive of shaping up Claret's reputation. Yet, there is still one remaining factor that cause problems: WE, the students.

I know that most of my fellow student would hate to hear this, and even I myself would not like to admit it. But as students, we have to humble ourselves to confess that in many cases we are the trouble makers.

The way the teachers and the Prefect handle us like younger brothers, we have come to have the tendency of becoming abusive.

Let us take a case wherein a teacher was ignored in front of the class. The whole gang, aware of the teacher's kindness, resorted to misdemeanors and unnecessary noises. However, they did not know that the teacher was choleric that day. Then all of a sudden, she was heard shouting serious words to the class.

Because of the wounded pride, the students now bring this matter up to the Student-Teachers' dialogue. Many times, the younger group gains sympathy but if you are to examine the case thoroughly, who would you think started the trouble? The students or the teacher?

It's okay for some teachers to be insulted or “alaskadized” in front of the class once in a while. But there are times when the teacher cannot bear it any longer because of the day's pressure. And as part of the scene, students should understand such situation.

If the teacher stands on the platform to correct and to be corrected sometimes, WE, the students, should respect that particular role. Once in a while we should put ourselves into their shoes and try to fill in the remaining gap between us.

Do you know that we are indeed lucky to have these kind of teachers? In other schools you may find some teachers instilling a sense of fear among the students. They are so apathetic and meticulous that you would develop an inferiority complex and a run-down courage. In our school we feel the presence of democracy. We are given a sense of confidence.

One thing I would like to emphasize before I end: I am not pumapapel or whatever. I just think it is about time for somebody to realize and understand the sacrifices in the heroic life of a teacher. Who knows? Teaching profession may come to extinction? And it might be because of us!

they gradually submit themselves to certain “indulgences.”

Appreciation is a moderate (or mediocre) form in which one is able to savor the idea and emotion behind a certain object (visual or abstract). Indulgence is a much more intense and is a rather fanatic relationship trying to be carried out by the audience towards the artist, the artist's genius, or his work; it is actually more of a “seduction.” In other words, appreciation is the calm acceptance of beauty while indulgence is the devouring of the beautiful, and all other not-so-beautiful objects that could be harnessed and painstakingly diverged into artistic significance. Thus, this (indulgence) requires deeper sentiments, mental agitation, eccentricity (or insanity), arrogant passions, and a “disgust” for the ordinary.

Nevertheless, these indulgences are glorified. The more reminiscence of a poetic or visual intonation about sorrow not only mellows the audiences' heart but more often, they are placed in a state where they become ‘artistically’ melancholy, in which they react to that particular sentiment in such theatrical spectacle that rather remind us of Greek Classicism. In several circumstances, these indulgences entangle the audience into a subconscious love affair with the artist, or a certain character in his work, and is placed into a n imaginary vision. Thus, in a sense, the audience undergoes an artistic reaction.

Often times, the best works of an artist are not appreciated, instead they act as a stimulus so that the audience becomes capable of impersonating the artist. So, as the artist transmits his emotions and thoughts to the audience, the audience gradually becomes the artist. Therefore, for the audience to indulge himself to a deeply emotional work of art is to be an artist, or at least to make him think that he himself is an artist.

For an audience to accept art is like drinking. Some graciously sip the flavor, but others are so impatient and arrogant that they find contentment only after intoxicating themselves which often results to insane behavior, and wild sentimental aggressions. In this similar pattern of savoring and devouring is the audience able to possess the spirit of the artist, until the artist becomes the conscience of the audience. The artist, therefore, is actually the subteranean ego who exists within the audience, or must we say the “artistic” audience.

LITERARY

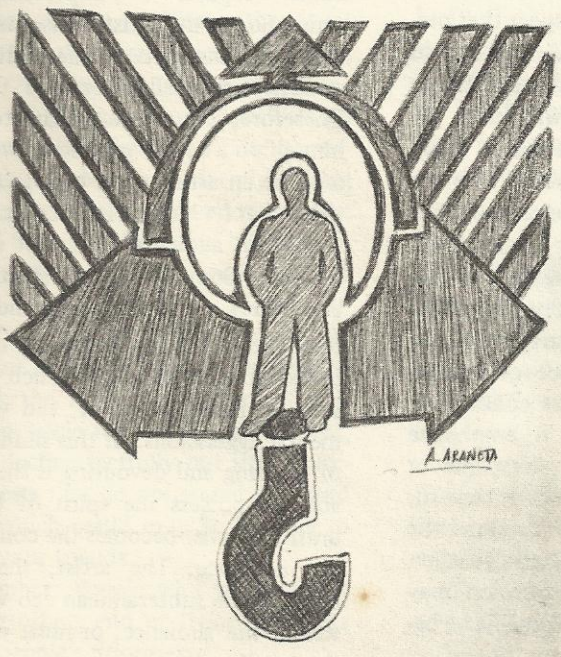
TIME

Time. . . such a meaningful word.
 A never-ending barrier.
 It is the everlasting judge.
 The powerful force controlling the curtains of joy;
 Of sorrow, and of fear.
 It is a moment, a period, a history!
 I then, sit on the porch thinking about it. . .
 Time is indeed an eternal cycle!

Time is passing;
 The ticking clock stays to declare another hour.
 The past, the present, or the future!
 When will time ever stop?
 Moments are passing;
 Hence, we must enjoy and cherish our lives.
 For even if time is eternal and forever
 Our lives are not!

Time unexpectedly approaches;
 It creeps and engulfs the whole world, unaware.
 Play, happiness, love—all ends—
 Time has no mercy!

Time is the infinite process of endless struggles.
 It is a moment filled with agonies.
 Time is the spiritual calendar,
 The days, weeks, months, years, and centuries;
 Of sorrow, of happiness, and of peace!
 Time has begun. . . but it will never, ever end.



SI ITAY

*Nakita ko si Itay may kasamang waitress,
 Sa isang restoran na malapit sa amin,
 Mahigaya sila, limot ang lumbay,
 Palagay ko, kami'y nalimot na rin.*

*Si Itay sobra kung magbayad,
 Pati sukli ay di na kinukuha,
 Kung minsan, sinusok na lamang
 Sa dibdib ng waitress na palaging kasama.*

*Minsan lamang umuwi ang aking Itay,
 Sa aming munting dampa sa tabi ng ilog,
 Ngunit tuwing uuwi ay mainit ang ulo,
 At sumisigaw pa kahit singko lamang ang
 aking hinihingi.*

*Ano nga kaya ang tunay na kahulugan ng salitang "Itay"
 Na hindi ko nakita sa aking mahal na itay,
 Ipinukpok ko man ang sarili ko sa pinakamalaking bato,
 O akyatim man ang pinakamataas na bundok
 Ay di ko makikita ang kahulugan nito.
 Tanging sa Itay ko lamang makikita kung
 magbabago pa siya. . .*

ni Kenneth L. Vendiola

Pauline '78

MOMENTS

*Moments of truth,
 Moments of dreams,
 Deeply bewilder me.*

*They cast upon my disappointments
 And furiously challenge me
 Until I am placed in the summit of despair;
 But all these
 Are part of Life. . .*

Felix Tuanquin

SA ISANG DAKILA

Nadarama ko

*Ang himagsik ng iyong damdamin
Laban sa mga dayuhan;
Ang bigat ng krus na iyong pinapasan;
Ang kaligayahan mong natamo
Ang tugatog ng kalayaan.*

Nauunawaan kita.

*Sa iyong paghihimagsik.
Laban sa dayuhan at kapwa Pilipino;
Sa iyong pagpaslang sa kakulay mo;
Sa iyong pag-alay ng iyong saling dugo;
Sa iyong paglisan dito sa masalimuot na mundo!*

Ipinagmamalaki kita!

*Sa iyong kagitingang walang katumbas;
Sa iyong pagmamalasakit sa Inang Bayan.
At ipinagmamalaki kita bilang iyong
Ina...
Kabiyak...
Anak...
Kapatid...
Kaibigan...
At bilang isang TAO!*

Kenneth Vendiola

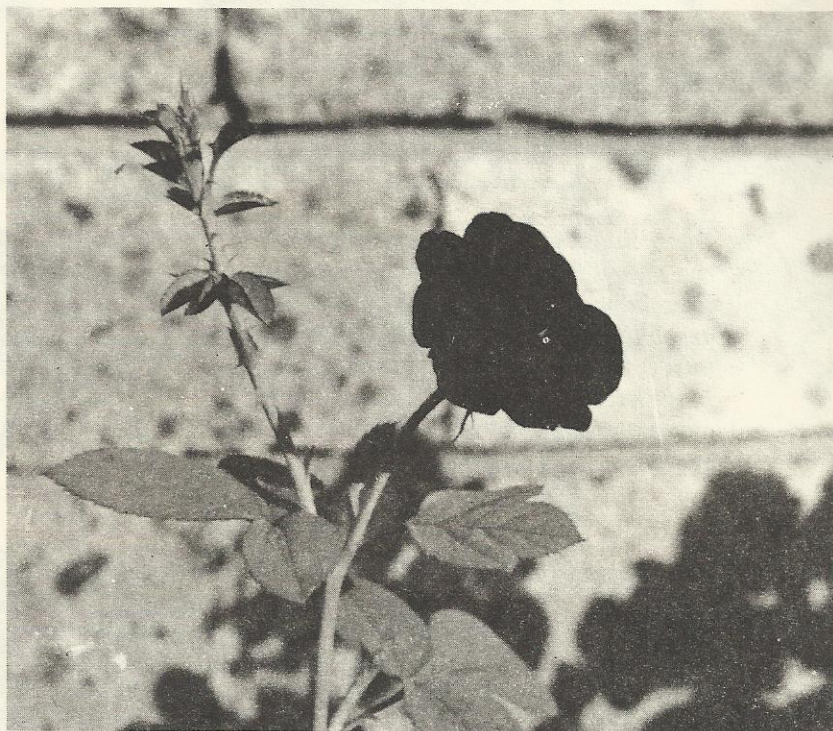
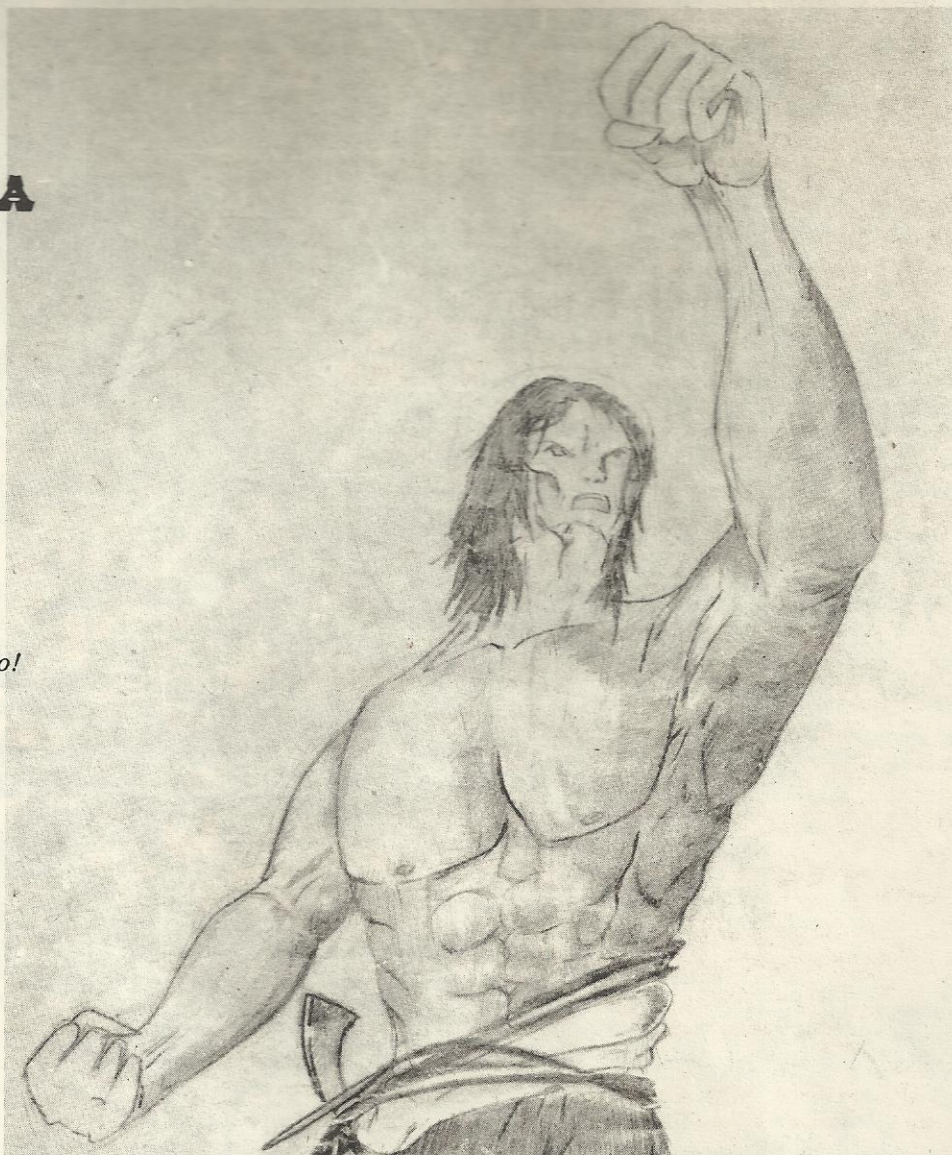


Photo: Ramon Libunao

ROSAS

*Ang babae ay mapang-akit,
At ito ay nagbibigay ng kulay sa buhay ng tao,
Tulad ng rosas . . . maganda.
Ang buhay ay mapusok, magulo
Puno ng pagmamalaki, at paghihimagsikan,
Tulad ng rosas . . . matinik.
At tayo'y nagpapabaya, nagwawalang-bahala,
Kaya't natutuyo't nalalanta.
Tulad ng rosas . . . tulad ng mapusilak na amoy,
At ang mga tinik ng rosas
Ang ating buhay. . .*

• *Joseph Hermillo Rosal, Jr.*

NARRA

*Towering narra
You're a stairway to heaven—
Lead me to the skies;
With the birds chirping,
Hopping gaily with the wind,
As it adds color to life.
Bravely, you wash your face
With the heat of the blazing sun,
And madly enjoy
The coolness of the mountain rain.
But cruel and unscrupulous men
Cut you down;
Birds and I somber woefully—
No more added beauty, no more color;
A segment of life— of life's joy . . . Destroyed!*

By: Joseph Hermilo Rosal, Jr.

AT LAST... DEATH

*Tears . . . As I look upon the face of the earth
and toward the blurred image of the heavens,
an atmosphere of memories surrounds me,
memories I don't want to be separated from.
But . . . as I look back from the huge success
I have left behind and look forward to the
moment of an eternal rest, I now close my eyes
awaiting such an acceptance.*

by Gregorio Jacob

PAG-IBIG NA WALANG HANGGAN

*Kung tayo'y nagkakausap,
Kung tayo'y nagkakasama,
Iisang mithiin ang sa aki'y namamaram;
Sapagka't ang aking puso
Ay may ibig ipahiwatig.*

*Sa bawa't sandali,
Sa bawa't minuto,
Sa bawa't oras na ikaw ay kapiling,
Ang minimithing pag-ibig ay walang hanggan.*

*Kung nagkamali man ako,
Dahil sa pag-ibig ko sa iyo;
Tawagin man akong isang baliw
Ay aking ipaglalaman
Ang pag-ibig ko sa iyo.*

*Ang pag-ibig na iyan ay isang martir.
Nagdadanak ng dugo upang masunod lamang;
Kung tatanungin mo ay ang tunay na damdamin ko sa iyo,
Ang pag-ibig kong ito'y walang hanggan. . .*

Arch Sta. Ana

Batu - bato sa langit

Katha ni D.C.S.

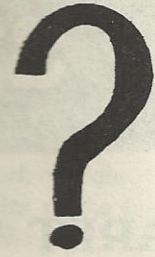
*Bakit ba itong bisyong pangongopya
Sa ilang mag-aaral ay talamak na
Umaasa na lang sa pawis ng iba
Ayaw ng hirap, gusto lang ay gloria.*

*May aklat naman, nais ay manghiram
Mahirap daw dalhin doon sa paaralan
Sa test mga mata ay naglalakihan
Mahihiya ang teleskopya paghanap ng
kasagutan.*

*Gabi-gabi sa t.v., sila'y nagpupuyat
O sa magdamag nagtetelebabad
Kapag sa klase sila ay natawag
Parang bagong gising sa magandang
pangarap.*

*Payo lang sa inyo na kay hilig umasa
Banatin ang utak, huwag ang mata
Huwag gawing ehersiyo at baka
madisgrasya
Di lahat ng bagay ay puwedeng makopya.*

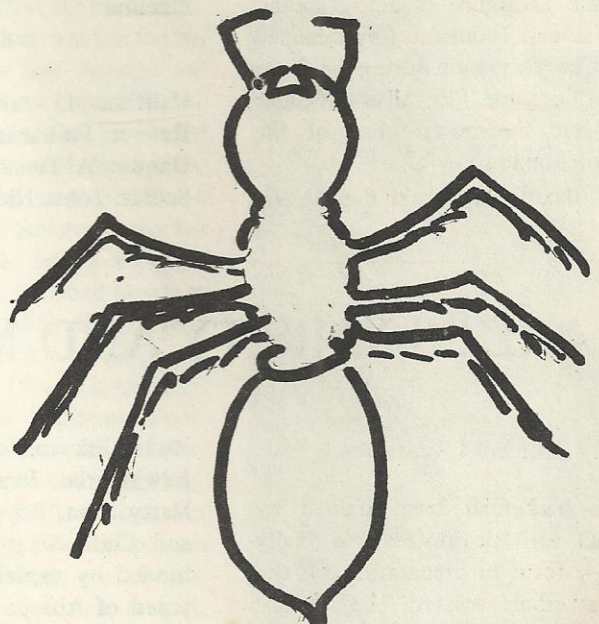
*Sapagka't kung tayo ay tatamad-tamad
Nasaan ang pag-asa ng ating pag-unlad
Kung ang kabataan ay di magsisikap
Ang bansang Pilipinas, wasak ang
hinaharap.*



*Ikaw ay itim
pula
at puti
humahabi ng simulid
unti-unting umiisad
pumipila ng tahimik
pasan-pasan
ang bolang kristal*

*Ikaw ay itim
pula
at puti
diwa kang hindi mawari
alipin kang mistulang hari
sagisag ng
lakas
at
pagkakaisa
paghahanda
sa
panganib
alon o
apoy
IKAW LANGGAM
ay
pasubali.*

katha ni S. H. Arsenio



SPORTS

CLARET SHATTERS ATENEEO

(88-82)

Claret inaugurated its annual series of competition by a victory won over Ateneo, 88-82, in the Philippine Athletic Youth Association (PAYA) opening game last July 22 at the Aquinas school gymnasium.

Like a stampeding herd, the Claretians tampered the wing-broken Eagles in the fourth quarter after three successive baskets by the sweet shooting Noli Legarza who turned in 34 points. Ateneo's trio, Salud, Sanchez and Antonio, came back charging in the last four minutes of the play to trim down the gap.

The first half favored Ateneo with a "few point" advantage, yet the Claretian confidence ended the first part of the game with a deadlock at 43. The second half banged the Eagles with another lead which proved to be ephemeral after committing plenty of errors. This chance was grabbed by the fighting Claretians.

The game changed favor that enhanced Claret to lead as much as six points. Ricky Dandan and Leo Lumba combining a total of 32 points came to the rescue after Ateneo had rozed off Claret's lead to just four points during the last minutes of the play.

The able assistance of Jojo Paredes, Martin Juan and Teoderico Reyes helped maintain Claret's margin during the dying seconds of the game. Flor Allas and Chito Singson were the powerhorses of the team with rebound show-offs.

Coach Ricardo Mata said that he was

very happy with the way the boys played. "They all played well," he mused.

Determination to win plus moral support from Rev. Fr. Santiago Gonzalez and other Claretian spectators played vital role in this very important game.

CLARET - 88

	FG	PF	FT
Legarza	34	3	6
Lumba	16	5	4
Dandan	16	4	6
Singson	6	5	2
Allas	5	5	1
Reyes	4	3	0
Paredes	2	2	0
Juan	2	1	2
Lejano	2	2	0

ATENEEO - 82

	FG	PF	FT
Salud	20	5	10
Sanchez	14	5	5
Antonio	10	3	6
Manotok	8	5	2
Ansay	8	5	2
Jose	9	2	3
Jalby	5	1	2
Tronel	4	2	1
Gesalini	4	4	0
	82		

Halftime: 43 - all

Referee: Po Lansang

Umpire: A. Tumanaz

Scorer: Tobee Nicanor

DON BOSCO FIVE SQUEEKS PAST CHANTICLEERS

By JUN VEGA

The Don Bosco Technical Institute team took the scare of their lives last Aug. 19 before pulling through a heart pounding win over the Claret Chanticleers 109-108 during the Philippine Athletic Youth Association festivities at their very own court.

The Chanticleers, displaying their deadly form of pouncing on the lead early in the first half lead all the way through to the delight of some cheering fans. The Chanticleers combining beautifully displayed a shooting spree which took this lead to a margin of five to four points before the DBTI boys woke up.

After an effortless glide to the fourth quarter, the DBTI five were able to regain their footing and take over the lead with only a hairline separating the teams.

Ricky Dandan and Noli Legarza, playing heads of basketball, delivered the much needed clutch hits from the outside to regain the lead for Claret. A passing error by Dandan to Legarza proved fatal for the Chanticleers. A turn over ensued the play in which Lutuaco, an ace player of Don Bosco converted to give the lead back to his team with a few seconds remaining.

Although the game went down the wire with a tingle of suspense, bad officiating by the referees causing a tactical error by the Chanticleers that gave the game to the measley DB five.

Claret School, absorbing it's first defeat in four outings possesses a championship form which may very well take its tail to the semi finals of this years PAYA tournament.

CLARET'S VARSITY AND MIDGETS TEAM ORGANIZED

By Emmanuel Rodriguez

Claret's basketball team trained by their coach, Mr. Ricardo Mata is finally in its peak form in preparation for the PAYA basketball season. The Varsity group headed by team captain Noli Legarza is composed of Ricky Dandan, Leo Gumba, Florante Allas, Ferdinand Sibal,

Archie Franco, Joey Banal, Valen Reyes, Edwin Frias, Jera Sison, Renato Ortega, Marty Juan, Boyet Lejano, Jojo Paredes, and Chito Singson. The Midgets Team headed by captain ball Paul Fe is composed of Alfredo Africa, John Marbella, Dino Guevarra, Jose Lapid, Alexander Alonto, Raymond Evangelista, Manny Dandan, Lenny Dandan, Jojo Paco, Mel-

vin Tison, Ferdinand Isidro, Ramon Tolentino, Mario Dizon, and Eduardo Regala.

The teams participated in the PAYA opening games held last July 17 and 22 at the Aquinas School. Claret will be playing against the top contenders like Aquinas, Ateneo, Xavier, Don Bosco, and San Agustin.

CLARET HUMBLIES XAVIER, 89 - 83

by Tobee Nicanor and Manuel Legarza

Claretian Leon Lumba, playing the game of his life together with Renato Ortega and Ricky Dandan, routed XAVIER SCHOOL in the fourth quarter and went on to crush Mr. Max Cinco's boys before some two hundred fifty XAVIER students who used drums and cymbals to outcheer CLARET SCHOOL OF QUEZON CITY.

XAVIER's varsity were at their best during the first three quarters of play when the three sharpshooting XAVIERs Sangco, Lim, and David Lee, outplayed CLARET when they combined for fifty-six points.

Our local boys were behind by fifteen points when ace-forward Noli Legarza sprained his left foot and pivot men Flor Allan and Chito Singson were fouled out.

But the "never-say-die" Claretians bounced back with trio Lumba, Ortega, and Dandan, and combined for sixty points, cutting XAVIER's lead to 71-72 during the last five minutes of play.

"The will to win made it," said Coach Ricky Mata. "Our boys played so well in the last three minutes of play. We had to double our efforts in order to win."

Coach Mata said that he has all praise for the head-up play of Leo Lumba. Leo delivered the necessary shots during the Claret rally. He converted twenty-eight points after replacing indisposed Noli Legarza.

CLARET's win over XAVIER has brought both to a tie with DON BOSCO, Makati, the only undefeated team in PAYA.

CLARET	89	XAVIER	83
LUMBA	28	SANGCO	21
DANDAN	18	LIM	20
ORTEGA	14	LEE	15
LEGARZA	9	DEL ROSARIO	10
REYES	5	ONGKIKO	6
ALIAS	3	KHIU	6
SIBAL	3	YAP	4
SISON	3	KHO	1
FRANCO	2		
PAREDES	2		83
LEJANO	2		

89
HALF TIME: XAVIER 47
CLARET 36

REFEREES: F. GARCIA and
C. ORTEGA

THE NEW IAC AND ITS PERSPECTIVE

By: Willy Taganas, Jr.

Intramurals Athletic Club, headed by Mr. Ricardo Mata with its newly elected officers, has plotted objectives, plans and projects for this school year. Their emphasis is on this year's intramurals which was opened last July 28.

The IAC's new set of officers are Noel Villadolid, Chairman; Leo Lumba; Jack Adrias; Chet Catapang; Vice Chairmen for basketball, football, and volleyball respectively; Avito Nicanor; Secretary-Treasurer; Marlon Cruz, Auditor; and Michael Baron; Business Manager.

According to them, their main objectives especially in the intrams, are to promote sportmanship and to train students in administration and organization of athletic tournaments in order to create a trouble-free and fruitful sports activities.

There are now basketball and football teams (Juniors and Midgets) representing Claret School. Unfortunately, there is no volleyball team yet.

HS FACULTY CRAMPS GS FACULTY IN TUG-O'-WAR

The high school faculty defeated the grade school faculty in the tug-o'-war game which was one of the highlights of the opening of the Intrams last July 28, 1978.

The high school faculty proved their might when they beat the grade school faculty in the first two consecutive matches giving the latter no chance of winning in the set two out of three games.

It was such a very exciting game and the high schoolers rejoice in the victory of their mentors. To the high school faculty, Hep Hep, OLE! More power!

SORE EYES... (From page 8)

out any medication being applied.

The disease got its name when the disease was discovered in Africa at the same time of the launching of the Apollo 11 mission to the moon.

By: Rafaeli C. Pascual
II-Polaris

A NEW FOOTBALL COACH FOR CLARET

by Dennis Calica

Our new football coach is Mr. Dionisio Molina. He is from Bacolod. Usually called Jun, Junior or Dior by his friends, the new coach and trainer was the former coach of Colegio de San Agustin for seven years. He first came from the division of City Schools where he taught Social Studies and Physical Education. Mr. Molina finished the courses AB and BSE, major in Political Science in the Far Eastern University. He had a coaching discourse in the World Football Development Program sponsored by the RIFA in Germany. He has been a football player since he was in Grade IV and is an international referee of the Philippine Football Association. His reason for transferring to Claret is to "have a better and new atmosphere". Coach Molina observes that Claret has many potential players and is now trying to obtain a good relationship with him. He also plans to have football festivals for the purpose of discovering aspiring football players.



ENTERTAINMENT.....

Find the following words:

jetisson
 landing
 recovery
 mid-course correction
 docking
 lift-off
 trajectory
 ascent stage
 descent stage
 heat shield
 Project Apollo
 simulate
 escape system
 hypoxia
 zero-g
 astronaut
 cosmonaut
 tunnel vision
 suborbital
 Sputnik
 Laika
 Shepard
 group flight
 Tiros
 rocket
 NASA
 booster
 altitude
 Skylab
 oxidizer
 propellant
 gravity
 solid fuel
 helicopter
 subsystem
 carrier
 sun
 Mars
 weight
 osteoporosis
 velocity
 radiation
 visor
 space walk
 drogue chute
 vacuum
 Mercury
 Vostok
 Ranger
 Canaveral
 Schirra
 Gemini
 Saturn V

(Answers Next Issue)

WORD SEARCH

Y T H E L I C O P T E R M R A D I A T I O N H K L T L U
 K O A S T R O N A U T M I S P A C E W A L K J T D E A O
 O H X C O S M O N A U T D D D R D R E T R O F I R E U X
 N H O A V U A L P L N L C N C A N A V E R A L U E S N K
 A Z L P G B S S G T N E O I T F H B O O S T E R Z T C A
 E G L E R O T P L I E K U T E L E S C O P E L L I L H S
 C E O S A R R U L T L I R G E M I N I K K Y M N D U V T
 O L P Y V B O T D U V L S K Y L A B Y W R U G T I L E R
 V T A S I I P N F D I F E G O D Y T G O O T X K X K H O
 L T T T T T H I R E S L C F T E I F T U H R U L O K I P
 E U C E Y A Y K E L I R O K K C L C E L T I T U D G C H
 U H E M H L S L C A O O R K O H E A T S H I E L D N L Y
 F S J E T T I S O N N S R L K J U T R C T F R E D I E S
 D E O S U N I L V D L I E N A S A L L H U H F R T R X I
 I C R L K M T D E I A V C R R G R D V I R G I L I E E C
 L A P M U E N H R N I K T L K D C A R R I E R L P E G S
 O P G L W R O G Y G K L I F T O F F K R A P T Y R N A P
 S S A Z E C O E E P A D O C K I N G K A Q A A R O I T A
 Q T Q U I U M M U F O O N L D B A L L I S T I C P G S C
 E I R Y G R I I V J X X L H P A Y L O A D L G T E N R E
 J R A O H Y J N G E O O I D T E R E S K O V A L L E E L
 N O N S T K K K O T S O V A C U U M I G N I T E L S P A
 O S G U C T E R E S H K O V A L D R I N L H G Y A M P B
 I O E O D E S C E N T S T A G E S A T U R N V K N E U U
 T T R V R R N N O S T E O P O R O S I S J H J H T T M M
 A E Z Z X E T T M N V V C D R O G U E C H U T E S S I I
 G K K E S S G D S J U S A T E L L I T E C I I C U Y R G
 I C T D H H L M U T Y U T E Z S U B S Y S T E M F S E G
 V O O N L K M A R S A R M S T R O N G P O K J H D C T Y
 A R D E O O O I U Y T G R O U P F L I G H T H G F D N N
 N N I R A G A G M N S H E P A R D L K J H G T R E J I I

Virgil I
 Soyuz
 Tereshkova
 systems engineering
 space shuttle
 rendezvous
 Gagarin
 Armstrong
 satellite
 navigation
 jet
 launch vehicle

interim upper stage
 telescope
 payload
 ballistic
 ignite
 retrofire
 ocean
 Aldrin
 ECM
 astrophysics
 moon
 Spacelab

?????? ??????

Cross word puzzle lead

A PROBLEM IN LOGIC

(For Seniors)

The Troubadours:

The Troubadours is a singing group composed of the Evanses and four other couples. Oddly enough, the five men – among them Gale and Marion – and the five women including – Bobbie and Marian – have names that sound exactly alike; only one husband and wife, however, have “matching” names. From the clues below, can you give the full names of each couple?

1. Gail and Mrs. Parker both sing soprano; Frances sings alto.
2. Neither the Cottons nor the Wellses are the couple with “matching” names.
3. Mrs. Abbott and Mr. Parker have the “same” name.
4. Mr. Parker sings bass; Francis sings tenor.
5. The five couples are the Cottons, the Parkers, Jean and her husband, Bobby and his wife, and Gene and his wife.

(Answers Next Issue)

CHANGELING

Change the first word in each set – one letter at a time, without changing the order of the letters – so that it becomes the second word. Words beginning in capital letters, slang, foreign, obsolete words are not allowed.

Example: GOOD – HELP (4 steps)
HOOD, HOLD, HELD,
HELP

1. TINY – BIRD (4 steps)
2. KALE – PEAS (5 steps)
3. TOUR – WEST (5 steps)
4. COLD – NIPS (6 steps)
5. DOLLS – HOUSE (7 steps)
6. OVER – HERE (8 steps)

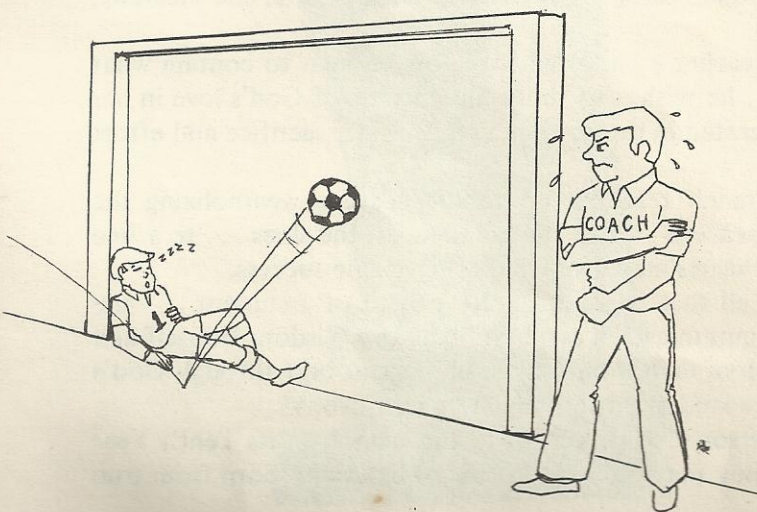
Answers:
1. TINY, tins, bins, bind, BIRD
2. KALE, pale, pans, pens, PEAS
3. TOUR, pour, post, pest, WEST
4. COLD, cord, card, cars, caps, naps, NIPS
5. DOLLS, dolls, bolts, bouts, routs, route, rouse, HOUSE
6. OVER, ever, eyer, dyer, deer, deed, heed, herd, HERE

ACROSS

1. Evergreen tree
4. Elevate
9. Encountered
12. High card
13. Go in
14. Paddle
15. Rues
17. Rub out
19. Has a meal
20. Poker stake
21. Rips
23. Flutters wings
26. Fedoras
27. Toboggans
28. Toward
30. Donkey
31. Fanatic
32. Fishing Pole
33. You and I
34. Lost color
35. Take care of
36. Gas containers
37. Rescues
38. Top actor
40. Cotton bundle
41. Rosters
43. U.S. Bills \$
46. Craft
47. Watchful
48. Lick up
50. Tiny
51. Cash
52. Pigen

DOWN

1. Distant
2. Frost
3. Says again
4. Leases
5. Picnic pests
6. That thing's
7. South East (abbr.)
8. Before
9. Groans
10. The orient
11. Forest plant
16. Corn cobs
18. knocks
21. Melt
22. Relieve
23. Runs away
24. Loan
25. Sum up
27. Fine fabric
28. Musical sound
29. and events
31. Cooling device
32. Discloses
34. Portion
35. High
36. Flavor
37. Briny
38. Cabbage salad
39. Exhaust
40. Drill a hole
42. US uncle
43. Lion's home
44. Traitor
45. Enemy agent
48. Behold!



1	2	3		4	5	6	7	8		9	10	11
12				13						14		
15			16					17	18			
		19							20			
21	22					23	24	25				
26					27						28	29
30				31						32		
33				34						35		
		36							37			
38	39							40				
41				42		43					44	45
46				47	48						49	
50				51							52	

FLASH! FLASH! FLASH! FLASH!

Write And Be A Winner Of Valuable Prizes!!!

Many a young people ignore the fact that they have talents, hence, the administration of Claret School has launched an essay and poetry writing contest open to all high school students. All you have to do is write a tribute to "Mary, Teacher and Mother", the sculptured wooden image at our main lobby.

The following are the contest rules and criteria.

1. Poems and essays may be written in Pilipino or English, depending on what category you wish to join.
2. The poem should consist of approximately 100-200 words. The essay should consist of not less than 300 words and not more than 500 words.
3. The contestant may send in 3 entries.
4. Each entry must be typewritten, double-spaced and in duplicate.
5. Each contestant should choose a pseudonym (pen name) for his poem or essay, and stapled onto the front page will be an envelope with the identical pseudonym written on top of it. Within the sealed envelope will be his actual name. With the real name must be the title of his piece.
6. Entries must be submitted to the Director's Office not later than 12:00 noon of October 6, 1978

The cash prizes for the winners are as follows:

FIRST PRIZE - P200.00

SECOND PRIZE - P150.00

THIRD PRIZE - P100.00

Winning entries shall be deemed property of the school. All non-winning entries, however, may be claimed by the writers from the Office of the Director.

Mary, Mother And Teacher

The teacher is a parent, a mother in her noble role of imparting knowledge stemming from God's Word so the pupil may achieve all knowledge that is pleasing to God and helpful to God's other children.

The sculptured piece that Fr. Segundo Gutierrez, C.M.F., so lovingly dedicated to Claret School of Quezon City, shows the ideal teacher of all - Mary, upon the chair of wisdom and the Claretian seated securely upon her lap.

The student has in his hands a book that shows no pages, symbolizing the voluminous and boundless knowledge available to him and inspired by Wisdom Himself . . . light that penetrates to give depth, life, and meaning, and fruit to all knowledge.

In his sculpture, Fr. "Guty" shows the heart of the teacher a hallowed space big enough to contain what would have been the heart and the womb of a mother . . . he wishes to show the alliance of God's love in her noble role as mother and teacher. The lengthy neck, exaggerated in proportion, emphasis her sacrifice and effort in her total concern for his growth and Christian maturity.

The seat whereupon she sits has an overhanging branch reaching up to the heavens, symbolizing the student's similarity to a growing tree reaching out to the heavens . . . to the grandeur of the skies . . . to a free and vigorous atmosphere where only the pure of minds and hearts may dwell and achieve true success.

Once more, the sculptor indicates God's sanction for all that is good for the growth of a student . . . the holes marking the limb of the chair shows the constant communication and bond between Wisdom Himself and the student . . . reminding him that the source of all wisdom comes only from above and best through God's own Mother, through every Educator who sincerely loves the student, just as a good parent would.

May this precious legacy from a fine sculptor, his personal contribution to the school on its Tenth Year serve as an inspiration to teachers and students . . . that they may discover the joy of creativity born from true knowledge!



First Quarter Roll Of Honor 78-79

First Year:

First: Reyes, Emmanuel R. - I-Mercury - 86.125
Second: Quijano, Pedrito - I-Mars - 86.00
Third: Salvo, John James V. - I-Earth - 85.5
Conduct: Reyes, Emmanuel R.
Religion: Reyes, Emmanuel R.

Second Year:

First: De Ungria, Remigio - II-Neptune - 86.77
Second: Cruz, Rosano - II-Uranus - 86.66
Third: Gumba, Raymund - II-Polaris - 86.33
Conduct: Joseph Hermilo Rosal
Religion: Joseph Hermilo Rosal

Third Year:

First: Cortez, Ken - III-Jupiter - 85.7
Second: Antonio, Raymond - 85.6
Third: Navas, Renato - 85.6
Conduct: Cortez, Ken
Religion: Cortez, Ken

Fourth Year:

First: Lacson, Raul - IV-Universe - 88.55
Second: Crisostomo, Floro - IV-Sun - 87.36
Third: Sarol, Jesus - IV-Star - 87.27
Conduct: Dimatulac, Joselito
Religion: Lacson, Raul

Food For Thought . . .

Life is beautiful
But still we seek another which is better.
The light of the sun is beautiful
but still we seek another Light
which we will someday possess.
Visible creation is beautiful,
but still we know there are higher
goods
for which we freely offer up those of
earth.

BRAINS BEHIND THE TANGLAW '78 '79

by: JUN VEGA

Founded almost five years ago, the Tanglaw remains the original, prominent and most prestigious club in the High School Department of Claret School. Functioning through funds collected early in every school year, its main reason for existence is to promote student awareness and involvement by means of the media itself. Through this weathered years, it has functioned under a series of coordinators or supervisors. This year, the Tanglaw functions under a new coordinator . . . Miss Marilyn P. Gueco.

Miss Gueco, a new member of the High School Faculty, handling an advisory class in the First Year level, took over the chores as coordinator from Miss Arielyn Robledo and Mr. Daniel Gomez, both former advisor and coordinator of the Tanglaw respectively. Miss Gueco, who displays a special talent in Journalism, promises to be a consistent and highly spirited coordinator of this year.

The different members of the staff are:

Arnel Araneta and Emmanuel Vega as editors-in-chief. Although this is the very first time in Tanglaw history that it acquires two editors-in-chief, both combine perfectly for a smooth operation.

Arnel, as often called by his friends and peers, is a former editor of the paper during his junior years. A former English news editor, he has a special talent of lecturing late submitting staffers and inconsistent typists. Obtaining a high grade in Journalism, he also is a very talented artist.

Jun, as known by most of his friends, is also a former staffer of the Tanglaw. Having stayed with the school paper for three years, he has now been elevated from his former position of managing editor. Acquiring a high grade in Journalism during his third year in high school and with the much needed experience, he proves to be one of the old brains behind the success of the school paper and is ready to develop younger heads to take over the chores of Tanglaw.

Other members of the Editorial Staff are:

Luis Estado, also a former English literary editor, now occupies the position of English news editor. One of the old reliable and consistent brains of the Tanglaw, once he gets working on assignments, there's no stopping. Also acquiring a high grade in Journalism, he is one editor who is a fast and creative worker.

Lauro Matias, also a former Exchange Editor, is very successful in handling his assignment for this year, occupying the position of Features Editor. A very practical minded staffer, he also has been with the school paper for quite a while. One of the dependable editors who has acquired a great deal of experience in writing, he is a sociable guy who devotes enough hours to the Tanglaw publication.

Joselito Ronsayro or Lito has also been a member of the staff for quite a while. Taking a great leap from a former assistant staff writer to a Sports Editor, he handles his job with great care and consistency. He promises to be one out-

standing brain of the Tanglaw.

John Joseph Coronel, one of two juniors in the Editorial Staff, is a very artistic editor who also was a former member of the staff. Handling the literary editor position, he displays fine tastes in writing and handles his fellow writers well. He is one sure bet for the highest position next year.

Raul Lacson, a photography nut who spends most of his time clicking away for the Tanglaw is also a former staffer and incharge of the Photography section and lay-out of the school paper. He is also one of the old reliable brains of the Tanglaw.

Michael de Villa, one of the Junior students occupies the position of Exchange Editor. Although new to the job, a little more experience with the functioning of the paper and his skill may be well developed.

All of the following editors would not have been able to bring Tanglaw's name at its best without the valued assistance of the following staff writers and contributors:

Joselito Luna, Ramoncito Rillo, Rafaeli Pascual, Roberto Cruz, Marlon Cruz, Reynaldo Madrid, Eduardo Estado, Antonio Feria, Leonilo Ines, Peter Avila, Dennis Calica, Wilfredo Taganas, Emmanuel Rodriguez, Archie Sta. Ana, Michael Sy Tan, Kenneth Vendiola, Gregorio Jacob, Joseph Rosal, Armando Velasquez, Ramon Libunao Martin Brillantes, Ramon Martinez, Emmanuel Fallaria, Noel Domingo, Joel Pimentel, Paul & Peter Villar.

TANGLAW NG CLARET

Claret School of Q.C.
High School Dept.
Diliman, Quezon City

Editors-in-Chief:

ARNEL ARANETA
EMMANUEL VEGA

News Editor:

LOUIE ESTADO

Literary Editor:

JOHN JOSEPH CORONEL

Features Editor:

LAURO MATIAS

Sports Editor:

JOSELITO RONSAYRO

Lay-out Artist:

RAUL LACSON

Exchange Editor:

MICHAEL DE VILLA

News Writers:

Ramoncito Rillo
Rafaeli Pascual
Roberto Cruz
Marlon Cruz
Reynaldo Madrid

Feature Writers:

Eduardo Estado
Antonio Feria
Leonilo Ines
Peter Paul Avila

Sports Writers:

Dennis Calica
Wilfredo Taganas
Emmanuel Rodriguez

Literary Writers:

Archie Sta. Ana
Kenneth Vendiola
Gregorio Jacob
Joseph Hermilo Rosal

Photographers

Armando Velasquez
Ramon Libunao
Martin Brillantes
Ramon Martinez

Typists:

Joel Pimentel
Paul Villar
Peter Villar

Artists:

Michael Sy Tan
Emmanuel Fallaria
Noel Domingo

Asst. Exchange Editor:

Joselito Luna

Adviser/Moderator:

MISS MARILYN GUECO